



# January 2012

## Program Calendar



Monday	Tuesday	Wednesday	Thursday	Friday
<b>2</b> Closed, No Programs New Year Holiday	<b>3</b> 3-7pm ISPN Zone 3-7pm Open Computer Lab 4-6pm Nonviolence 101 5-7pm Barbershop	<b>4</b> 3-7pm ISPN Zone / GYM 3-7pm Open Computer Lab 4-7pm Breakdancing	<b>5</b> 3-7pm ISPN Zone / GYM 3-7pm Open Computer Lab 6:30-8pm Narcotics Anonymous	<b>6</b> No Programs
<b>9</b> 3-7pm ISPN Zone / GYM 3-7pm Open Computer Lab 6-9pm Rec Night (at Rogers Rec)	<b>10</b> 3-7pm ISPN Zone 3-7pm Open Computer Lab 5-7pm Barbershop	<b>11</b> 3-7pm ISPN Zone / GYM 3-7pm Open Computer Lab 4-7pm Breakdancing	<b>12</b> 3-7pm ISPN Zone / GYM 3-7pm Open Computer Lab 4-6pm Financial Planning* 6:30-8pm Narcotics Anonymous	<b>13</b> No Programs
<b>16</b> Closed, No Programs MLK Day Celebration at Providence College	<b>17</b> 3-7pm ISPN Zone 3-7pm Open Computer Lab 4-6pm Nonviolence 101 5-7pm Barbershop	<b>18</b> 3-7pm ISPN Zone / GYM 3-7pm Open Computer Lab 4-7pm Breakdancing	<b>19</b> 3-7pm Open Computer Lab 4-6pm Hip Hop 101* 6:30-8pm Narcotics Anonymous	<b>20</b> No Programs
<b>23</b> 3-7pm ISPN Zone / GYM 4-6pm Job Skills Training Day #1* 6-9pm Rec Night (at Rogers Rec)	<b>24</b> 3-7pm ISPN Zone 4-6pm Job Skills Training Day #2* 5-7pm Barbershop	<b>25</b> 3-7pm ISPN Zone / GYM 4-6pm Job Skills Training Day #3* 4-7pm Breakdancing	<b>26</b> 3-7pm ISPN Zone / GYM 4-6pm Job Skills Training Day #4* 6:30-8pm Narcotics Anonymous	<b>27</b> No Programs
<b>30</b> 3-7pm ISPN Zone / GYM 4-6pm Computer Survival Skills* 6-9pm Rec Night (at Rogers Rec)	<b>31</b> 3-7pm ISPN Zone 3-7pm Open Computer Lab 4-6pm Nonviolence 101 5-7pm Barbershop	<div style="border: 1px dashed black; padding: 10px;"> <p>*Sign-up in advance for: Financial Planning Workshop, Computer Survival Skills, Nonviolence 101, Job Skills Training (4-day commitment), or Hip Hop 101!</p> </div>		

All Programs Take Place At The ISPN: 265 Oxford Street in Providence

Call Heather At (401) 785-2320 x110 With Questions

# *Program Descriptions*

*All programs are open to youth ages 13 and older, unless otherwise listed below. Drop-in and try something new!  
Check-in at the front desk when you arrive at ISPN: 265 Oxford Street, Providence*

- **Barbershop:** Get your hair cut for free in a positive atmosphere and safe environment. *See Jose for more information. All ages*
- **Breakdancing:** Learn how to breakdance with local talent, 401 flavors. Come show your skills or help others learn! *Contact Tou for more information: (401) 345-9026. All ages*
- **Computer Survival Skills:** This is an introductory workshop for basic computer tasks such as writing and formatting a professional letter and navigating Microsoft Word to create quality work. *Sign-up with Nate*
- **Financial Planning Workshop:** In this workshop you will learn to plan a monthly budget in order to take care of yourself and family needs on a specific income. *Sign up with Asia*
- **GYM:** Lift weights, get in shape, and get big at the ISPN gym. *Drop-in*
- **Hip Hop 101:** Come learn the meaning of Hip Hop. Learn about the 5 elements, the history and evolution of this music genre. *Sign-up with Draper*
- **ISPN ZONE:** Who got game? X-Box tournaments, billiards, ping-pong, air hockey, foosball, and more. Come represent! Who's the champ? *Drop-in*
- **Job Skills Training:** This is a 4-day workshop series that focuses on job search and interview skills, resume writing and the motivation you need to successfully apply for jobs. Participants that complete all 4 sessions receive a certificate and personalized assistance with job search. *Sign-up with Jill*
- **Open Computer Lab:** The computer lab is open for job search, resume writing assistance, homework help and general computer skills assistance! *Drop-in*
- **Narcotics Anonymous Meeting:** This is a twelve step program of recovering addicts who meet to help each other stay clean one day at a time.
- **Nonviolence 101:** Learn about the Institutes principles and steps of nonviolence. Learn how you can start using nonviolence in your every day life to keep yourself and others safe. *Sign-up with Nate*
- **Rec Nite:** Play basketball , foosball, hang out with college students and eat pizza at Rogers Recreation Center , located at 60 Camden Avenue in Providence. *Contact Tou for more information: (401) 345-9026. All ages*